



# Butterflies Community News

www.mybutterflies.org

SUMMER 2021 EDITION

## LET'S HEAR FROM THE GIRLS

### What's New...

Butterflies Girls broadcast on BBC Radio Norfolk. Check them out at:

[www.mybutterflies.org](http://www.mybutterflies.org)  
(Girls' Zone)

### EDITORIAL COMMENT

Hello my name is Eli. I enjoyed being editor with Holly. The challenge of designing and researching the content was fun.

We hope you enjoy this edition of the Butterflies newsletter!

### QUOTES FROM THE GIRLS...

What do you think about Butterflies?

(d) "I like Butterflies because of the interaction we have"

(c) "It's very, very, fun"

(h) "We do a lot of fun activities and we learn a lot"

(a) "Butterflies helps you open up about topics you might feel shy about at first"

(e) "Fun and supportive"

(b) "Butterflies made me more confident and I enjoy seeing friends"

(g) "I can share things without being afraid.."

(f) "Butterflies is a community of inquisitive, thoughtful, and friendly girls who come together to have fun and learn about the physical, psychological and emotional changes that take place during the puberty years"

(A) Imogen (B) Eve (C) Lauren (D) Chelsea (E) Emma (F) Anna (G) Alice (H) Daisy

### BOOK REVIEW

Book Title: Ruby Redfort - Look Into My Eyes

Author's Name: Lauren Child

This book is about a 13 year old girl called Ruby who is a genius. She has her own style especially when it comes to her looks, clothes and bedroom. Ruby wears t-shirts that say things like "Keep it Zipped" or "Bozo".

Ruby is recruited by a top secret spy agency called Spectrum and she becomes a Code Breaker... but will she stop the thief?

The main characters in the book are Ruby who is not a girly girl but can be if she has to, Clancy who is Ruby's best and loyal friend, Hitch who is Ruby's Butler (maybe?), and LB, the head of Spectrum.

I love this book because it's an adventure, you get to find the clues with Ruby, learn new skills with Ruby and there are codes inside the book for you to crack along the way.

I would definitely recommend this book because although it's a spy story and there are many tricky situations, it doesn't have any gruesome deaths.

I would give this book 10 out of 10

Review written by:  
Imogen  
age 10

### Riddle:

I'm tall when I'm young, and short  
when I'm old, what am I?

Answer: a candle

# Countries from our poll:

**JAMAICA:**  
The capital of Jamaica is Kingston. Jamaica's population is 2,972,836 and the national dish is **Saltfish and Ackee**

Who am ?  
.....

**ENGLAND:**  
The capital city is London. The population is 51,446,000. England is one of the countries that make up Great Britain, Wales and Scotland are the other two. A popular meal is **Fish and Chips**.





Who am ?  
.....

**INDIA:**  
Delhi is the Capital of India. The Population is 1,391,716. A popular dish is **Curry**.

Who am ?  
.....

**CHINA:** The capital city is Beijing. The Population is 1,443,981,565. A popular dish is the **Hot-Pot**

Who am ?  
.....

--	--	--	--

## MATCH THE FLAG TO THE CORRECT COUNTRY

### MY RABBITS

Rabbits come in all shapes and sizes. When you think of a rabbit you probably think, small and cute. But there are some types of rabbits that are huge. The Giant French Lop for example.

They can reach an average weight of 5-6kg at adulthood. They have a soft, dense coat and, as a breed, they're known to be good-natured. This is what my rabbit looked like when he was a baby. Now, he is at least triple that size. Giant French Lops are the second largest rabbit breed in the world. The biggest breed of rabbit is called a Flemish Giant or Continental Giant. They are huge.



Mr Hoppty

Continental Giants are usually over 26 inches long, averaging over 3 feet in length! They weigh 12 pounds at a minimum, but often weigh 16+ pounds. They give an appearance of power, with big heads, well-developed cheeks and alert eyes. Their ears are held upright.



by Holly, age 13

### FUTOSHIKI PUZZLE

□	□	□	>	□	2
^	^				
□	□	2	□	□	4
		^	<	^	
□	□	□	<	□	>
□	□	□	□	□	□
□	^	>	□	>	□

### HOT OFF THE PRESS... Lisa and the Dance Academy Mystery by Evie, age 14

"Lisa is going to her dream school! But then a mysterious girl shows up and starts acting weird around Lisa, Liam and Tilly. What should they do?"

If you want to find our more, contact Evie via the Butterflies website.



### Fun Fact:

Koala's don't drink much water and get most of their moisture from leaves. In the aborigine language koala means "No Water"

