



Butterflies Community News

WINTER 2020 EDITION

LET'S HEAR FROM THE GIRLS

EDITORIAL COMMENT

Hello my name is Immy and I am your editor for this edition.

My first interview was with a real life editor, Paul from the Metro newspaper. I wanted to learn more about what it is like to be an editor for a national newspaper.

How did you become an Editor?

"I worked hard. After university I did a course in journalism. After that I got my first job as a reporter". Paul told me about deadlines, managing reporters, choosing stories, making headlines and what it is like to work in a busy pressroom. "After I did that for a while, I became a sub editor and then the next step up was to become an editor".

Editor to Editor 3 top tips:

- 1) Deadlines – "When you are asked to do something the first question you should ask is: When do you need it by?"
- 2) Be Clear – "Make sure that you are clear on what you are writing about because your reader will not have the opportunity to ask questions"
- 3) Typos and Spelling – "Make sure that everything is spelt correctly especially names". "Make sure you have a dictionary to hand".

I have enjoyed being an editor, I found it a little scary in the beginning but I would be more confident if I did it again.

Message to the next editor?

Do your best and make sure you have fun with it!



Cupcake Decorating

We went cupcake decorating at a local cafe a couple of times. There we made Christmas themed cupcakes and most recently, Harry Potter themed cupcakes.



For the Christmas themed cupcakes we made a wreath, a polar bear, a Christmas pudding, a Christmas tree, a snowflake and a poinsettia (a festive flower).

For the Harry Potter Themed cupcakes we made Hedwig (Harry's owl), Ron's jumper, a house scarf, a potion scene, a golden snitch and the sorting hat.

We used buttercream and fondant to make the decorations.

It's great fun and we hope to go again soon.

If you know a nearby cafe that does cupcake decorating I fully suggest it.

Elsa aged 13



What's New...

Congratulations to Chelsea who won the Superhero design competition and received her new Butterflies hoodie!

JOKE BOX

WHAT DO YOU CALL AN ALLIGATOR IN A VEST?



AN INVESTIGATOR

POETRY CORNER

Minnie and Winnie
Slept in a shell.
Sleep, little ladies!
And they slept well.
Pink was the shell within,
Silver without;
Sounds of the great sea
Wandered about.
Sleep, little ladies,
Wake not soon!
Echo on echo
Does to the moon.
Two bright stars
Peeped into the shell.
What were they dreaming of?
Who could tell?
Started a green linnet
Out of the croft;
Wake, little ladies,
The sun is aloft!

Written by Chelsea (age 11)



Our top 5 Books to read.



SHORT STORY

By Saphire age 10

DON'T CHANGE

I was once in love with a boy but he was in love with another girl. I tried to get his attention but he kept going for her. One day I decided to dress differently. When I walked into school he came up to me. My heart pounded so fast I couldn't think or talk. He asked me to go on a date with him, I was speechless then I said "Yes".

On the date I got to know him better. He was only worried about appearances and didn't care about who I was. I found out that he liked me only because of what I wore. I was so angry that I left my ice-cream and I walked out of the restaurant. I told myself, "I never want to see him again, or any boy like him".



Seasons Put Together

Acrylic by Alice aged 12



- 1 Enola Holmes – The Case of the Missing Marquess by Nancy Springer

- 2 Judy Moody and the Bucket List by Megan McDonald

- 3 First Prize for the Worst Witch by Jill Murphy

- 4 Pippi Longstocking by Astrid Lindgren

- 5 Children of Blood and Bone by Tomi Adeyemi



BODY MATTERS

Body odour is natural and is usually caused by perspiring (sweating). Sweating is also normal as it helps to keep your body at the correct temperature. Strong body odour (smell) can be experienced during puberty because the apocrine glands start working during puberty. The apocrine glands are in our underarms (armpits) and groin area. These glands make oils as well as sweat. Bacteria, which naturally live on our skin, LOVE this mixture of oil and sweat as it helps them to grow. When bacteria grow they make the smell we call body odour.

SMELL BUSTING TIPS:

- ↳ Shower or bathe regularly
- ↳ Wear clean clothes.
- ↳ Wear cotton underwear and natural fibre clothes (many clothes are made from nylon or rayon which won't allow your skin to breathe and will make you sweat more)
- ↳ You might want to use a deodorant (deodorants protects against odour whilst antiperspirants block pores and/or dry up moisture with aluminium salts. Make sure you read the labels to make your choice, Butterflies recommends deodorants)

Did you know, in some cultures, the start of body odour is a signal to the community that this young person's body is now preparing to become an adult and they are possibly ready for marriage?

Across:

1. A hollow, expandable muscle organ inside a female.
2. A female hormone that makes facial features more symmetrical.

Down:

1. Liquid leaves the body through it.
3. They come as a pair and grow larger on females (humans) during puberty.
4. An oval shaped organ attached to the fallopian tube.
5. A word that means female or male.

Puzzle

ANSWER: Stop imagining!

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